



[John 4:24](#)

(24) God *is* Spirit, and those who worship Him must worship in spirit and truth."

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[God](#) is Spirit, and nowhere, not even in one verse, does it say that God does not have a body. He is perfect, immortal, infinite, immutable, self-existing, omnipotent, omniscient, invisible, impartial, absolutely holy, full of knowledge and wisdom, and sufficient to provide for His entire creation.

Like any other person He has names, and in His case, many names. And just as our names identify us as specific individuals, His names identify Him. He has titles by which He is known. Men and women have titles by which they are known.

The Bible shows that He has a head, hair, face, arms, fingers, hands, waist, loins, eyes, eyelids, nostrils, ears, mouth, lips, tongue, breath, feet, and back parts. God even speaks of His heart! He rests, but He does not get tired. He feels things. He eats and drinks, and the alcohol in wine, as [Judges 9:13](#) says, has an effect on Him: It cheers His heart. He laughs. He becomes angry. He speaks in a small still voice; He roars from Zion. As a man, He wept. Sounds a great deal like us, does it not? It should because we are made in His image and likeness.

But there is even more. He goes about from place to place in a body, just like anybody else. He rides in a vehicle (see Ezekiel 1). He walks. He plants. He works. He lives in a spiritual place called heaven.

Yet, despite all these biblical descriptions, the men and women who claim that God has no body never cite any other passage except [John 4:24](#) as proof. But He has revealed Himself in so many different ways in His Word that what these people say turns God into a liar who deceives mankind about what He is like.

Let us be clear: [John 4:24](#) does *not* teach that God has no body. It, plus a multitude of passages that we have read or alluded to, expand our understanding about the properties of spirit—about what spirit bodies are like. Spirit is just as real as matter, except that it is a much higher type of substance and is governed by higher laws.

[John 4:24](#) is a statement of fact, but it does not define or analyze spirit. The properties of spirit are described throughout the Bible, as those who actually saw and heard God and interacted with Him reported their experiences. Either they are right, or these modern writers are. They cannot both be right because they contradict each other. Which will we believe?

— John W. Ritenbaugh

To learn more, see:

[Image and Likeness of God \(Part 3\)](#)



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