



## [Exodus 20:8-11](#)

(8) Remember the sabbath day, to keep it holy. (9) Six days shalt thou labor, and do all thy work: (10) But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: (11) For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

*King James Version*

Some ministers assert we have to keep only nine of the [Ten Commandments](#). They teach that we do not have to keep the [Sabbath](#) commandment because [God](#) made an abrupt change upon the death of [Jesus Christ](#). The Sabbath commandment is merely ceremonial, they say.

If it was merely ceremonial, why is it included in the Ten Commandments that God, with His own voice, spoke from the mount in the presence of all Israel? Why is it included in the Ten Commandments that God, with His own finger, wrote upon tablets of stone? Did He do these things with any lesser laws? Does this mean we are free to declare that one or more of the other commandments is also ceremonial? How about the second?

The Bible gives strong indication that the Sabbath has existed since Genesis 2. Jesus and the apostles clearly kept the Sabbath. Scripture does not indicate that they kept any other day or commanded any other day to be kept. In addition, there are prophecies that mention Israel keeping, not only the weekly Sabbath, but also the holy day Sabbaths *in the future*.

Even with all of this exemplary evidence, especially our Savior's and the apostles', they tell us that God changed. This is very interesting since there is no scripture saying that the Sabbath is merely ceremonial or that we may keep it according to our own discretion.

The Berean: Daily Verse and Commentary for Exodus 20:8-11 (<http://www.theberean.org>)  
— John W. Ritenbaugh

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