



[Galatians 5:20](#)

(20) idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies,

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Paul obviously saw anger and hostility as a basic element of human nature. Of all the negative attitudes that are part of the spiritual mark of the beast, hostility and anger are probably the most frequent expressions against [God](#) and others. But how often does the Bible show [Jesus](#), our Model—the One we are to pattern our lives after—angry?

Consider this interesting observation that Solomon made: "Be not hasty in your spirit to be angry: for anger rests in the bosom of fools" ([Ecclesiastes 7:9](#)). Jesus was no fool. Thus, we do not see much in the Bible about Him being angry. The Proverbs say, "A soft answer turns away wrath: but grievous words stir up anger" ([Proverbs 15:1](#)). It is not very frequent that an angry, hostile person speaks softly.

"By long forbearing is a prince persuaded, and a soft tongue breaks the bone" ([Proverbs 25:15](#)). "The discretion of a man defers his anger; and it is his glory to pass over a transgression" ([Proverbs 19:11](#)). Anger hardly ever helps a situation. It divides. It almost invariably makes things worse. It forces the other person to defend himself, and then a vicious cycle is generated.

— John W. Ritenbaugh

To learn more, see:

[The Spiritual Mark of the Beast](#)



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